The Diabetic Foot Update 2005: A Multidisciplinary Approach

December 4-6, 2005
Westin Riverwalk Hotel
San Antonio, Texas

Sponsored by:
The University of Texas Health Science Center at San Antonio
Department of Orthopaedics, Podiatry Division
Texas Diabetes Institute
and
Texas Diabetes Council
Texas Department of State Health Services

Course Directors:
Lawrence B. Harkless, DPM
Louis T. Bogy Professor of Podiatric Medicine and Surgery

V. Kathleen Satterfield, DPM
Associate Professor

Richard C. Adam, DPM
Clinical Professor
Objectives

At the end of the conference, the participant should be able to:
1. Explore the etiology and pathogenesis of diabetic foot lesions.
2. Define the role of patient education in a team approach to prevention of diabetic foot lesions.
3. Explain the causes of diabetic ulcers and significant advances in treatment.
4. Discuss the pathophysiology and treatment of Charcot Foot and Neuropathy.
5. Explain the dynamics of wound healing and why each is different.
6. Discuss how diabetic and charcot foot complications can be prevented.
7. Identify the biochemical and microcellular aspects of the problem wound.

Target Audience

This conference is designed for physicians (DPM, MD, DO) treating patients with diabetes, as well as for diabetic educators, nurses, pedorthists, physical therapists, and all other healthcare professionals who have a role in the management of diabetic foot pathology.

Continuing Education Statements

The University of Texas Health Science Center at San Antonio Medical School is accredited by the Council on Podiatric Medical Education as a sponsor of continuing education in podiatric medicine. This conference has been approved for a maximum of 21.75 hours.

The University of Texas Health Science Center at San Antonio Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Texas Health Science Center at San Antonio Medical School designates this educational activity for a maximum of 21.75 Category 1 credits toward the AMA Physician’s Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

The University of Texas Health Science Center at San Antonio School of Nursing is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. This activity meets Type I criteria for mandatory continuing education requirements toward relicensure as established by the Board of Nurse Examiners for the State of Texas. Nurses may earn up to 25.9 continuing education contact hours.

Display of commercial products in conjunction with Nursing Continuing Education activities does not imply American Nurses Credentialing Center (ANCC) Commission on Accreditation or Texas Nurses Association (TNA) or The University of Texas Health Science Center at San Antonio School of Nursing, Nursing Continuing Education approval or endorsement of these products.

Application has been made with the Texas Physical Therapy Association for CEUs for Physical Therapists and Physical Therapy Assistants.

Application has been made with the Board of Certification for Pedorthists for CEUs for Pedorthists.
The **Diabetic Foot Update 2005: A Multidisciplinary Approach** will be held at the Westin Riverwalk Hotel, located at 420 West Market Street in San Antonio, Texas. Situated on the scenic banks of the San Antonio River, the Westin Riverwalk is in the heart of downtown San Antonio, and is blocks from the fabulous Rivercenter Shopping Complex. From the hotel, guests may walk to the Alamo, San Antonio Convention Center, Alamodome, La Villita Market Square, and a host of other world-renowned attractions. The Westin Riverwalk Hotel is a short drive away from championship golf, theme parks, the San Antonio Zoo, El Mercado Mexican Market, HemisFair Park, the Sunken Gardens, and the San Antonio International Airport.

**December in San Antonio**

December is truly a spectacular time to visit San Antonio and the Riverwalk. Thousands of holiday lights sparkle in the large cypress trees, while carolers aboard river barges sing holiday favorites. All the history, culture, excitement of San Antonio are waiting. Throughout the city, visitors will find music ranging from symphony to mariachi, country western to jazz. Charming horsedrawn carriages and open trolley cars carry guests through the streets of this colorful city.

**Accommodations**

A block of guest rooms has been reserved for attendees of **The Diabetic Foot Update 2005: A Multidisciplinary Approach** at the conference site, the Westin Riverwalk Hotel. A special conference rate of $189.00 for single accommodations, $189.00 for double accommodations, plus tax, has been arranged with the Westin Riverwalk when you identify yourself as an attendee of **The UTHSC Diabetic Foot Conference**.

Please make your own reservations directly with the hotel as soon as possible by calling 1-888-625-5144 (Westin Central Reservations) or (210) 224-6500 (Westin Riverwalk Hotel San Antonio local number). **The block of rooms will be protected until November 17, 2005 or until the block is filled.** After that date, any remaining rooms will be released for general sale and reservations will be subject to room and rate availability. Should the block fill prior to November 17, additional room availability will be at the discretion of the hotel.

We urge you to make your reservations as soon as possible. The Westin Riverwalk Hotel’s setting along the Riverwalk makes it a popular destination for holiday light-viewing. Come join the fun!!

**Acknowledgments**

A number of fine companies will give educational support grants for the conference. Acknowledgment of these organizations as well as our many other exhibitors will be made at the conference.

**Registration**

The registration fee for **The Diabetic Foot Update 2005: A Multidisciplinary Approach** for physicians is $500 (if postmarked by November 21, 2005) and $550 (after November 21, 2005). Special fees have been established for military physicians, physical therapists, and international guests at $350/$400; for nurses, pedorthists, and other health professionals at $300/$350 and $35 for residents and students with letter of verification from program director.

All workshops are free this year with the exception of Total Contact Casting: From Basics to the New Kits. It will be marked by an asterisk (*) on the registration form.

The conference registration fee includes tuition, course syllabus, entrance to exhibit hall, 3 continental breakfasts, 5 refreshment breaks, Sunday Welcome Reception, Lunch, and Monday Night Reception. To enroll, please register online at [http://cme.uthscsa.edu](http://cme.uthscsa.edu) or send the attached registration form with credit card information or a check payable to “UTHSCSA CME-120307.”

If you must cancel your registration, tuition will be refunded less a $45 administrative fee, provided notice is received by November 21, 2005.

UTHSCSA Continuing Medical Education reserves the right to limit enrollment or cancel any course no less than one week prior to the course. Should circumstances make this necessary, tuition will be refunded in full.

**Check out our website: www.diabeticfoot.org**
Sunday, December 4, 2005

7:00-8:00 am  Registration/Continental Breakfast Visit Exhibits

7:50-8:00 am  Welcome and Program Overview Richard C. Adam, DPM Lawrence B. Harkless, DPM

SESSION: THE CHARCOT FOOT

Moderator: Lawrence B. Harkless, DPM
8:00-8:25 am  An Overview of General Neuropathy Rayaz A. Malik, MB, ChB, PhD, MRCP

8:25-8:45 am  Sensory Neuropathy Rayaz A. Malik, MB, ChB, PhD, MRCP

8:45-9:10 am  Motor Neuropathy Alan Jacobs, DPM

9:10-9:30 am  Autonomic Neuropathy Philip Low, MD

9:30-10:00 am  Can Neuropathy Be Prevented? Philip Low, MD

10:00-10:30 am  Break/Visit Exhibits

10:30-10:45 am  New Tools for Testing Neuropathy Lawrence Lavery, DPM

10:45-11:00 am  The Medical Management of Neuropathy Edward B. Jude, MD, MRCP

11:10-11:40 am  The Surgical Treatment of Neuropathy Guido LaPorta, DPM

11:40-12:10 pm  The Characteristics of Diabetic Neuropathy and Foot Problems in Japan Shigeo Kono, MD, PhD

12:10-1:30 pm  Lunch Break

1:30-1:55 pm  History of the Charcot Foot Lee J. Sanders, DPM

1:55-2:15 pm  Classification of the Charcot Foot Robert G. Frykberg, DPM

2:15-2:40 pm  What is the Acute Charcot Foot? William Jeffcoate, MD

2:40-3:05 pm  Bone Cytokines and Bone Density in the Charcot Foot Michael E. Edmonds, MD

3:05-3:20 pm  Charcot at the Cellular Level Javier La Fontaine, DPM

3:20-3:45 pm  Break/Visit Exhibits

3:45-4:15 pm  Skin Microcirculation Dysfunction in Charcot Foot Abnormalities Arístides Véves, MD

4:15-4:45 pm  Imaging of the Charcot Foot Alan Jacobs, DPM

4:45-5:05 pm  Pedal Bone Loss in Acute and Chronic Charcot Arthropathies and its Role in Mid Foot Deformities David R. Sinacore, PhD, PT

5:05-5:30 pm  Medical Treatment of the Charcot Foot Edward B. Jude, MD, MRCP

5:30-5:40 pm  Rosemary Michel, DPM

6:00-7:30 pm  Reception with Exhibitors

Monday, December 5, 2005

7:00-7:40 am  Continental Breakfast/Visit Exhibits

7:40-7:45 am  Announcements Richard C. Adam, DPM Lawrence B. Harkless, DPM

SESSION: THE CHARCOT FOOT TRACT (CONTINUED)

Moderator: Lee Sanders, DPM
7:45-8:05 am  The Charcot Wound V. Kathleen Satterfield, DPM

8:05-8:35 am  Bone Stimulation for Charcot Foot: Is It Necessary and Does It Work? Robert G. Frykberg, DPM

8:35-9:00 am  Plantar Planing --Is It a Valid Option? Thomas Zgonis, DPM

9:00-9:35 am  External Fixation and the Charcot Foot: Is it Superior to Internal Fixation? Guido LaPorta, DPM

9:35-10:15 am  Other Surgical Interventions for the Charcot Foot Alan R. Catanzariti, DPM

10:15-10:45 am  Break/Visit Exhibits

Moderators: Lawrence B. Harkless, DPM Javier La Fontaine, DPM V. Kathleen Satterfield, DPM

10:45-11:30 am  Panel Discussion: Is There Proof of How We Should Treat Charcot Foot? Alan R. Catanzariti, DPM Robert G. Frykberg, DPM Edward Jude, MD, MRCP Guido LaPorta, DPM Michael E. Edmonds, MD Dane K. Wukich, MD Rayaz A. Malik, MB, ChB, PhD, MRCP

11:30-12:15 pm  Second Annual Paul Brand Memorial Lecture and Presentations to Alumnus of the Year Abraham Verghese, MD

Tuesday, December 6, 2005

7:00-7:35 am  Continental Breakfast/Visit Exhibits

7:35-7:45 am  Announcements Richard C. Adam, DPM Lawrence B. Harkless, DPM

SESSION: DIABETES UPDATE

Moderator: Lawrence B. Harkless, DPM
7:45-8:15 am  Does Antimicrobial Resistance Change Therapy in Skin and Soft Tissue Infections in the Diabetic Foot? James Lewis, PharmD

8:15-8:45 am  Update of New Diabetes Drugs: What the Gila Monster Can Teach Us Janet Blodgett, MD

8:45-9:15 am  Pathobiology of Diabetic Complications Paresh Dandona, MD, PhD, FRCP, FACP, FACC

9:15-9:45 am  TALS and Equinus David R. Sinacore, PhD, PT

9:45-10:15 am  The UT Experience with TALs for Forefront Ulcerations Javier La Fontaine, DPM
<table>
<thead>
<tr>
<th>Time</th>
<th>Diagnostics</th>
<th>Therapies</th>
<th>Cases</th>
<th>Prosthetics and Biomechanics</th>
<th>Business</th>
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<tr>
<td>1:30–2:30 pm</td>
<td><strong>A1</strong> Neuropathy Testing Methods</td>
<td><strong>A2</strong> Potions, Lotions and Spells: What Do I Put On the Wound to Heal it?</td>
<td><strong>A3</strong> Meet the Professor: Is it Charcot or an Infection?</td>
<td><strong>A4</strong> Does the Shoe Fit? Choosing the Right Prescription for the Patient</td>
<td><strong>A5</strong> Real Life Reimbursement Issues: Wound Care</td>
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<td></td>
<td>Javier LaFontaine, DPM</td>
<td>V. Kathleen Satterfield, DPM</td>
<td>Lawrence Harkless, DPM, Michael Edmonds, MD, William Jeffocate, MD</td>
<td>Paul Kesselman, DPM</td>
<td>Harry Goldsmith, DPM</td>
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<td>2:30–3:30 pm</td>
<td><strong>B1</strong> MRIs, CTs &amp; Bone Scans</td>
<td><strong>B2</strong> Putting the Squeeze on Edema: New Compression Therapies</td>
<td><strong>B3</strong> Meet the Professor: It is Definitely Charcot...Now What Do I Do With It?</td>
<td>Gordon Bosker, Cped and Thomas Darm, Cped</td>
<td>John Steinberg, DPM</td>
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<td>Suhad Hadi, DPM</td>
<td>JoAnn Orphanos, DPM</td>
<td>Thomas Zgonis, DPM, Robert G. Frykberg, DPM</td>
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<td>3:30–4:30 pm</td>
<td><strong>C1</strong> Clinical Evaluation of The Diabetic Foot: Where Do I Start?</td>
<td><strong>C2</strong> Potions, Lotions and Spells: What Do I Put On the Wound to Heal it?</td>
<td><strong>C3</strong> Meet the Professor: “Train Wrecks”</td>
<td>Kim Felder-Johnson, DPM and Celeste Borchers, DPM</td>
<td><strong>C5</strong> Real Life Reimbursement Issues: Diabetic Foot Surgery</td>
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<td></td>
<td>Joseph M. Caporusso, DPM</td>
<td>V. Kathleen Satterfield, DPM</td>
<td>Lawrence Harkless, DPM, Lee J. Sanders, DPM</td>
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<td>Harry Goldsmith, DPM</td>
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<td>4:30–5:30 pm</td>
<td><strong>D1</strong> Interpreting the Language of Vascular Studies</td>
<td><strong>D2</strong> Debridement Technologies</td>
<td><strong>D3</strong> Inflammation vs. Infection</td>
<td>Francis Derk, DPM and Jeff Jensen, DPM</td>
<td><strong>D5</strong> Vascular Risk Spectrum</td>
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<td>Rosemay Michel, DPM</td>
<td>Javier La Fontaine, DPM</td>
<td>Suhad Hadi, DPM</td>
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10:15-10:45 am  Break/Visit Exhibits  
10:45-11:15 am  Monochromatic Infrared Light in the Treatment of Neuropathy  
James McGuire, DPM  
11:15-11:45 am  Open Versus Closed Amputations: Is There Enough Evidence to Make a Choice?  
Dane K. Wukich, MD  
11:45-1:30 pm  Lunch Break  
Exhibitors Close After Lunch  
2:00-2:25 pm  What is New With Growth Factors?  
John S. Steinberg, DPM  
2:25-2:50 pm  New Technologies for Wound Bed Preparation  
John S. Steinberg, DPM  
2:50-3:20 pm  The Type I Diabetic Foot: Is It Different?  
JoAnn Orphanos, DPM  
3:20-3:35 pm  Break  
3:35-4:35 pm  Complicated Case Presentations  
Rayaz A. Malik, MB, ChB, PhD, MRCP  
Shigeo Kono, MD, PhD  
David R. Sinacore, PhD, PT  
Ryan Hagino, MD  
Suhad Hadi, DPM  
4:35-5:00 p.m.  Putting it All Together- The Multidisciplinary Approach  
Lawrence B. Harkless, DPM  
5:00 pm  Adjourn  

Schedule is Subject to Change  
For Updates Visit Our Website at www.diabeticfoot.org
Course Directors

Lawrence B. Harkless, DPM
Professor
Department of Orthopaedics, Podiatry Division
University of Texas Health Science Center at San Antonio

Richard C. Adam, DPM
Clinical Professor
Department of Orthopaedics, Podiatry Division
University of Texas Health Science Center at San Antonio

V. Kathleen Satterfield, DPM
Associate Professor
Department of Orthopaedics, Podiatry Division
University of Texas Health Science Center at San Antonio

Course Committee

Gary J. Meyn, CHE
Project Coordinator
Department of Orthopaedics, Podiatry Division
University of Texas Health Science Center at San Antonio

Brenda Johnson, MEd
Director, Continuing Medical Education
University of Texas Health Science Center at San Antonio

Rosarie Tierney-Gumaer, MSN, MPH, BSN
Director, Continuing Nursing Education
University of Texas Health Science Center at San Antonio

Darleane Warren
Conference Coordinator
Continuing Medical Education
University of Texas Health Science Center at San Antonio

Marissa Howard
Meetings and Exhibits Coordinator
Continuing Medical Education
University of Texas Health Science Center at San Antonio

Monica R. Agarwal, DPM
Resident
Department of Orthopaedics
Podiatry Division
University of Texas Health Science Center at San Antonio

Janet L. Blodgett, MD
Director of Diabetes Clinics
South Texas Veterans Healthcare Systems
San Antonio, Texas

Celeste M. Borchers, DPM
Podiatry Section
Audie L. Murphy Veterans Hospital
San Antonio, Texas

Gordon W. Bosker, C.Ped, CPO
Instructor of Rehabilitation Medicine
Clinical Instructor of Physical Therapy
University of Texas Health Science Center at San Antonio

Joseph M. Caporusso, DPM
Clinical Associate Professor
Department of Orthopaedics, Podiatry Division
University of Texas Health Science Center at San Antonio

Alan R. Catanzariti, DPM
Podiatrist
Western Pennsylvania Hospital
Pittsburgh, Pennsylvania

Paresch Dandona, MD, PhD, FRCP, FACP, FACC
Founder and Director
Head, Division of Endocrinology
Diabetes-Endocrinology Center of Western New York
Kaleida Health
Buffalo, New York

Thomas R. Darm, C.Ped, CPO
Instructor of Rehabilitation Medicine
Clinical Instructor of Physical Therapy
University of Texas Health Science Center at San Antonio

Francis F. Derk, DPM
Staff Podiatrist
South Texas Veterans Health Care System
Audie L. Murphy Veterans Hospital
San Antonio, Texas

Robert G. Frykberg, DPM, MPH
Chief
Podiatry Section
Audie L. Murphy Veterans Hospital
San Antonio, Texas

Harry Goldsmith, DPM
CEO
Cotingline
Cerritos, California

Suhad Hadi, DPM
Podiatrist
Private Practice
Carmichael, CA

Ryan Hagino, MD
Associate Professor
Department of Surgery, Vascular Division
University of Texas Health Science Center at San Antonio

Alan Jacobs, DPM
Podiatrist
Private Practice
St. Louis, Missouri

William Jeffcoate, MD
Consultant Diabetologist
Department of Diabetes and Endocrinology
City Hospital
Nottingham, United Kingdom

Jeff Jensen, DPM
Podiatrist
Private Practice
Denver, Colorado

Edward B. Jade, MD, MRCP
Consultant Physician
Diabetes Centre
Tameside General Hospital
Lancashire, United Kingdom

Paul Kesselman, DPM
Podiatrist
Big Six Medical Group
Woodside, New York

Shigeo Kono, MD, PhD
Chief Physician
Kyoto Medical Center
Fusamih-hu, Kyoto, Japan

Javier La Fontaine, DPM
Assistant Professor
Department of Orthopaedics, Podiatry Division
University of Texas Health Science Center at San Antonio

Guido A. LaPorta, DPM
Clinical Professor of Surgery
Temple University School of Podiatric Medicine
Philadelphia, Pennsylvania

Lawrence Lavery, DPM
Associate Professor
Department of Surgery, Podiatry Division
Texas A&M Health Science Center
Scott & White Hospital
Temple, Texas

James Lewis, PharmD
Infectious Disease Pharmacy Program Manager
University Health System
San Antonio, Texas

Philip A. Low, MD
Professor of Neurology
Mayo Clinic College of Medicine
Rochester, Minnesota

Rayaz A. Malik, MB, ChB, MRCP, PhD
Senior Lecturer and Consultant Physician
Manchester Royal Infirmary
Manchester, United Kingdom

Rosemary Michel, DPM
Assistant Professor
Department of Orthopaedics, Podiatry Division
University of Texas Health Science Center at San Antonio

JoAnn Orphanos, DPM
Diabetic Foot Fellow
Department of Orthopaedics, Podiatry Division
University of Texas Health Science Center at San Antonio

Lee J. Sanders, DPM
Chief
Section of Podiatry
Acute Care/Specialty Services
Veterans Medical Center
Lebanon, Pennsylvania

David R. Sinacore, PT, PhD
Assistant Professor of Physical Therapy
Washington University School of Medicine
St. Louis, Missouri

John S. Steinburg, DPM
Assistant Professor
Departments of Plastic Surgery
Georgetown University Hospital
Washington, DC

Michael Van Pelt, DPM
Resident
Department of Orthopaedics, Podiatry Division
University of Texas Health Science Center at San Antonio

Abraham C. Verghese, MD
Director
Center for Medical Humanities and Ethics
University of Texas Health Science Center at San Antonio

Aristidis Veves, MD, DSc
Research Director
Microcirculation Lab and Joslin-Beth Israel Deaconess Foot Center
Associate Professor
Harvard Medical School
Boston, Massachusetts

Dane K. Wukich, MD
Assistant Professor
Department of Orthopaedic Surgery
University of Pittsburgh School of Medicine
Pittsburgh, Pennsylvania

Thomas Zgonis, DPM
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Department of Orthopaedics, Podiatry Division
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Registration Form (120307)

Registration Fees:

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<tr>
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<th>Early Fee By Nov. 21, 2005</th>
<th>Regular Fee After Nov. 21, 2005</th>
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<tr>
<td>DPM, MD, and DO</td>
<td>$500</td>
<td>$550</td>
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<tr>
<td>Military Physicians, Physical Therapists, &amp; International Guests</td>
<td>$350</td>
<td>$400</td>
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<td>Nurses, Pedorthists, other Health Professionals</td>
<td>$300</td>
<td>$350</td>
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<tr>
<td>Residents and Students</td>
<td>$ 35</td>
<td>$ 35 (with letter of verification from program director)</td>
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<td>*Total Contact Casting: From Basics to the New Kits</td>
<td>$ 35</td>
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Name__________________________________________________________________________________________________

Daytime Phone __________________________________________ FAX __________________________________________

☐ DPM ☐ MD ☐ DO ☐ PT ☐ RN ☐ CPed ☐ OT ☐ Other _____________________________

Specialty_______________________________________________________________________________________________

Address ________________________________________________________________________________________________

E-mail_________________________________________________________________________________________________

Please indicate workshops you will be attending for each session in the section below.

*An additional fee is required for the workshop entitled “Total Contact Casting: From Basics to the New Kits”

Workshops (Choose one activity for each of the four afternoon sessions. You will not be assigned to any workshops if you do not indicate your preference on the registration form. Enrollment is limited for each workshop.)

Workshop Schedule

Session A
1:30-2:30 pm
☐ A1 Neuropathy Testing Methods
☐ A2 Potions, Lotions and Spells: What Do I Put on a Wound to Heal It?
☐ A3 Meet the Professor: Is It Charcot or an Infection?
☐ A4 Does the Shoe Fit: Choosing the Right Prescription for the Patient
☐ A5 Real Life Reimbursement Issues: Wound Care

Session B
2:30-3:30 pm
☐ B1 MRIs, CTs & Bone Scans
☐ B2 Putting the Squeeze on Edema: New Compression Therapies
☐ B3 Meet the Professor: Is Definitely Charcot...
   Now What Do I Do With It?
☐ B4 AFOs, CROS, Prosthesis-- The Alphabet Soup
☐ B5 Wound Care Center Basics: How to Open the Door

Workshop Schedule

Session C
3:30-4:30 pm
☐ C1 Clinical Evaluation of the Diabetic Foot: Where Do I Start?
☐ C2 Potions, Lotions and Spells: What Do I Put on a Wound to Heal It?
☐ C3 Meet the Professor: “Train Wrecks”
☐ C4 Off-Loading Dilemmas: Real Life Cases
☐ C5 Real Life Reimbursement Issues: Diabetic Foot Surgery

Session D
4:30-5:30 pm
☐ D1 Interpreting the Language of Vascular Studies
☐ D2 Debridement Technologies
☐ D3 Infection vs. Inflammation
☐ D4 Total Contact Casting: From Basics to the New Kits*
☐ D5 Vascular Risk Spectrum

Check enclosed (Please make payable to “UTHSCSA CME-120307”)

☐ Please charge my ☐ Visa ☐ Mastercard ☐ Discover ☐ American Express

Card Number __________________________________________ Exp. Date __________________________

Signature __________________________________________

Do you have special requirements?  ☐ Yes  ☐ No

If yes, you will be contacted by our CME staff to see how we can assist.

Registration Methods

Online at http://cme.uthscsa.edu

Mail (or fax with credit card payments) this registration form and payment to:

The University of Texas Health Science Center at San Antonio
Continuing Medical Education, MSC 7980
7703 Floyd Curl Drive
San Antonio, TX 78229-3900

Phone: (210) 567-4446
FAX: (210) 567-6964

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Make your Hotel Reservations at Once-
This Will Be Your Only Announcement!
Mark your Calendar and Make Plans to Attend NOW!